

# Uniform Requirements and Purchasing Options

## Pre-Ballet

### **Pre-Ballet 1:**

Capezio Tank Style CC 201C in pink, folded white ankle socks (no ruffles, no athletic style) and pink ballet slippers.

### **Pre-Ballet 2:**

Capezio Tank Style CC 201C in lavender, folded white ankle socks (no ruffles, no athletic style) and pink ballet slippers

### **Pre-Ballet 3:**

Capezio Tank Style CC 201C in light blue, folded white ankle socks (no ruffles, no athletic style) and pink ballet slippers

## Girls:

### **Level 1A and Level 1 B:**

Capezio Tank Style CC 201C in royal blue. Pink or flesh tone tights. Pink or flesh tone ballet slippers.

### **Level 2:**

Capezio Tank Style CC 201C in black. Pink or flesh tone tights. Pink or flesh tone ballet slippers. Mat for Body Conditioning.

### **Level 3:**

Capezio Tank Style CC 201C in black. Pink or flesh tone tights. Pink or flesh tone ballet slippers. Pink or flesh tone pointe shoes (only after being fitted with teacher's approval; do not purchase for September).

Mat for Body Conditioning

Black Leggings for Jazz

Jazz Shoes

### **Upper Division (Levels 4-6):**

Any camisole style leotard in solid black (no patterns, cut-outs, or lace etc.). Pink or flesh tone tights.

Pink or flesh tone ballet slippers. Pink or flesh tone pointe shoes.

Mat for Body Conditioning

Black Leggings for Jazz and Modern

Jazz Shoes

### **Teen Program:**

Capezio Tank Style with Pinch CC202 in black. Pink or flesh tone tights. Pink or flesh tone ballet slippers.

**Ladies' hair must be secured in a bun at ALL times.** Dancers may have natural hairstyles such as twists, braids, and cornrows into the ballet bun. If hair is short, a white headband will be necessary to hold the hair back away from the face and neck. No hair accessories (scrunchies, beads, bun-covers or bows) should be on or around your bun. **For safety, no hair beads or jewelry beyond stud earrings are allowed for ballet classes.**

## **Boys:**

**Pre-Ballet:** white fitted t-shirt, black bike shorts, white lightweight socks, white ballet shoes.

**Level 1A and up:** white men's cap-sleeve leotard, grey tights from **M. Stevens**,  
<https://www.mstevens-dancewear.com/product-page/boy-s-footed-tights-1097>

White lightweight ankle socks. White ballet shoes.

**Students without their uniform and hair secured may not be permitted to participate in class. The Washington School of Ballet is not responsible for lost or stolen items. Please leave valuables at home.**

## **Purchasing Options:**

**Footlights Dance & Theatre Boutique** [www.dancefootlights.com](http://www.dancefootlights.com) Footlights carries all uniform items (except Boys' grey tights). *When you purchase from Footlights Dance you support our local business community.*

**Washington Dancewear** in Capitol Heights, MD [www.washingtondancewear.com](http://www.washingtondancewear.com) carries pointe shoes but it does not carry TWSB uniform leotards. Still, it is an excellent source for all other dance shoes, tights, and supplies. *When you purchase from Washington Dancewear you support our local business community.*

**Capezio.com:** Capezio Leotard Tank Style CC 201C

<https://www.capezio.com/high-neck-tank-leotard-child>

Capezio Leotard Tank Style CC 202 <https://www.capezio.com/princess-tank-leotard>

### **Capezio Discount Code: FOOTLIGHTS**

<https://www.capezio.com/capezio-retailer/footlights>

Parents, go to the link and enter code: FOOTLIGHTS to redeem the offer. You can shop the entire Capezio website and use that code to redeem year-round offers. Discount code is valid on any product on the website given it meets the terms of the promotion.

**Discount Dance:** Capezio Tank Style CC 201C:

[https://www.discountdance.com/dancewear/style\\_CC201C\\_html?pid=6457&shop=Style&rfilter=Age%23Girls%3ACategory%23Leotards%3ASubCategory%23Leotards%21Girls+Tanks%3ABrand%23Capezio&SID=1473397609](https://www.discountdance.com/dancewear/style_CC201C_html?pid=6457&shop=Style&rfilter=Age%23Girls%3ACategory%23Leotards%3ASubCategory%23Leotards%21Girls+Tanks%3ABrand%23Capezio&SID=1473397609)

**Dance Shoes & Tights:** Footlights Dance & Theatre Boutique, Washington Dancewear, Discountdance.com or Capezio.com

**Jazz Shoes:** <https://www.capezio.com/e-series-jazz-slip-on-child>

## **Guide on Uniform Options**

The Washington School of Ballet is committed to ensuring that all students have uniform options that honor their unique selves and enable them to feel confident and comfortable while dancing. For our students who prefer to wear skin-tone tights and shoes, many mainstream dancewear brands, including Capezio and So'Danca, now offer products that can be purchased in a variety of skin tones.

### **Dancewear Options:**

**Tights:** [Capezio's UltraSoft Transition Tight](#) is available in 18 different shades.

**Ballet Slippers:** TWSB recommends the [Capezio Hanami](#), which is available in several different shades to match the tights. So'Danca's popular [split-soled canvas shoe](#) also comes in a variety of skin tones.

**Skin-Tone Leotards** (required as undergarments for many performances):

[https://www.discountdance.com/dancewear/style\\_MTB108.html?&pid=29382&Shop=Style&rfilter=Age%23Womens%3ACategory%23Undergarments&SID=1470853248](https://www.discountdance.com/dancewear/style_MTB108.html?&pid=29382&Shop=Style&rfilter=Age%23Womens%3ACategory%23Undergarments&SID=1470853248)

<https://www.dancefootlights.com/cproduct/3607/cami-leo-w%7Cadj-strp> (child and adult)

<https://www.dancefootlights.com/cproduct/5575/padded-cami-adj-clear-straps> (adult only)

<https://www.dancefootlights.com/cproduct/8568/skintone-clear-straps> (child and adult)

### **Pointe shoes:**

Gaynor Minden, So Danca, and Freed of London currently offer some models of pointe shoes in multiple skin tones. Capezio and Bloch plan to release new shades of pointe shoes in Fall 2020. *Please do not purchase any pointe shoe without being fitted in it first.*

Many dancers prefer to “pancake” their shoes, especially pointe shoes, using pancake makeup and a makeup sponge. This allows for greater flexibility when choosing a brand of shoes, as well as a more precise skin tone match. [This video](#) demonstrates the technique for pancaking shoes. [Pointe shoe makeup](#) is available for purchase, or you can use regular cosmetic makeup. Additionally, Footlights carries [pointe shoe paint](#) for pancaking shoes.

## **Hair Guidelines**

For student safety, cleanliness of line, and to prevent distraction, The Washington School of Ballet requires all female students to wear their hair in a ballet bun for all classes, rehearsals, and performances. Below, please find instructions and helpful videos for achieving a ballet bun with your child's individual hair type, texture, and style.

All buns will require a snug ponytail base and hairpins. Please choose a hair tie that can hold your child's hair securely without moving or slipping. Long or thick hair will require heavy-duty hairpins such as [these](#) (available in multiple colors and lengths).

Curly/natural hair: Start with a snug ponytail. Split it in the center and fan it out, then roll it into a bun shape (a sock roll or bun sponge can be helpful here, but is not required). Secure all around the perimeter with hairpins, inserting one end of the hairpin into the bun and the other end into the surrounding hair to secure the bun to the head. A hairnet wrapped around the bun is helpful in eliminating loose ends or flyaways, especially for short hair or hair of multiple lengths. [Video here.](#)

Braids/twists/locs/extensions: For these styles, it works best to begin with a snug ponytail at the crown of the head. (Elastic headbands or heavy-duty rubber bands work well for achieving ponytails with thick or heavy styles.) Split the ponytail in the center and fan it out; then, starting at the top, roll it firmly under and around to form a bun shape. Depending on the style and length of hair, it may be helpful to secure the bun with another hair tie or rubber band before pinning. Secure all around the perimeter with OPEN hairpins (not bobby pins), inserting one end of the hairpin into the bun and the other end into the surrounding hair to secure the bun to the head. Covering the bun with a hairnet can help to eliminate loose ends or flyaways. [Video here.](#) The pinning technique shown in [this video](#) demonstrates the use of the larger hairpins, which can be helpful for thick hair styles.

Cornrows: Hair may be cornrowed into a bun or ponytail which can easily be pinned into a bun. Otherwise, start by securing cornrows in a ponytail; then roll and pin as described above.

Long, straight hair: Start with a snug ponytail. Twist the ponytail into a rope and coil it around the base of the ponytail, pinning as you go so the bun lies flush to the head. Covering the bun with a hairnet can help to eliminate loose ends or flyaways. [Video here.](#)

Short, straight hair: If ponytail is too short to twist and coil, you can split it in the center and fan it out, then roll under and around from the top as suggested for curly/natural hair. A small bun sponge may be helpful in achieving the right shape. Secure all around the perimeter with hairpins, inserting one end of the hairpin into the bun and the other end into the surrounding hair to secure the bun to the head. A hairnet is essential for securing short hair in a bun. You may also refer to the video [here](#).

Hair that is too short for a ponytail should be pinned back from the face as much as possible and secured by a plain white or black fabric headband. It may be helpful to use bobby pins to pin the headband in place.