



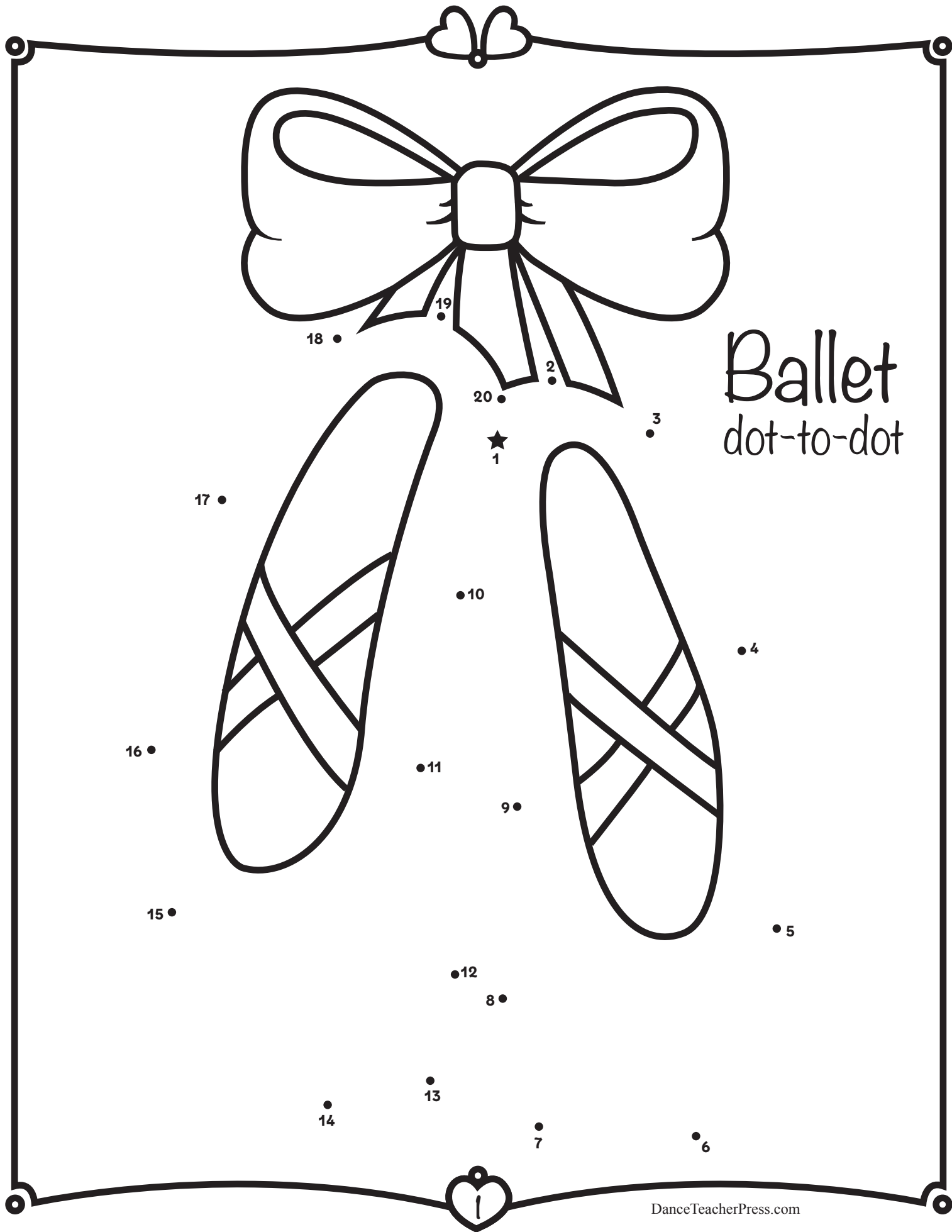
# Ballet Activity Sheets - Level 1

Created with Kindergarten through 3<sup>rd</sup> grade in mind.

1. Ballet Dot-to-Dot (Slippers)
2. Ballet Paper Doll
3. Counting to 5
4. Ballet Color by Number
5. Count the Dancers doing Tendu
6. Ballet Bookmark
7. Ballet Dot-to-Dot (Heart)
8. Ballet Door Hanger
9. Ballet Dot-to-Dot (Star)
10. Good Foods for Dancers
11. Counting from 5-9
12. Vocabulary Matching with Pictures
13. Counting by 2's
14. Ballet Word Search
15. Answer Key

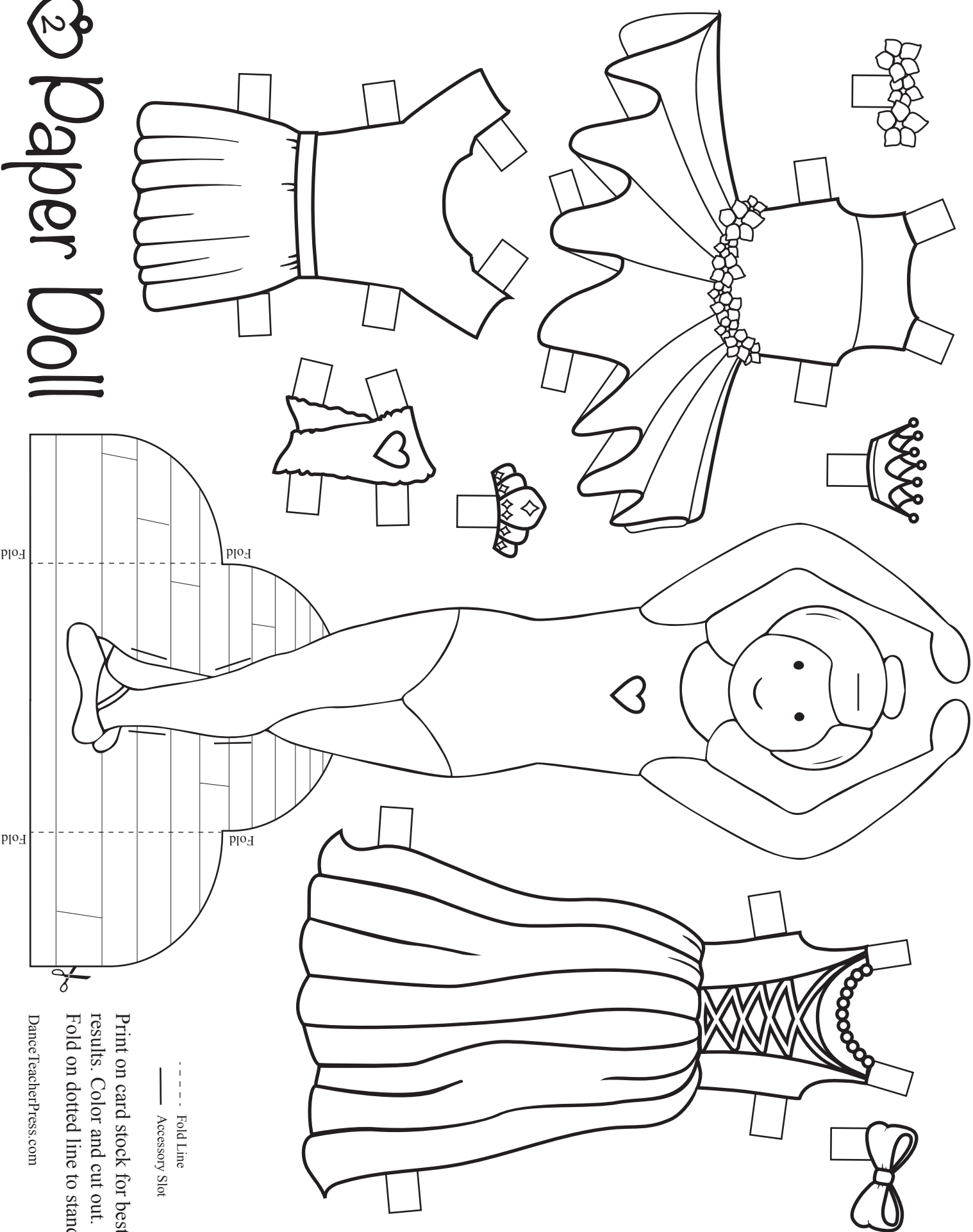
*Dance Teacher*<sup>press</sup>

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# Ballet dot-to-dot

# 2 Paper Doll



Fold

Fold

Fold

Fold

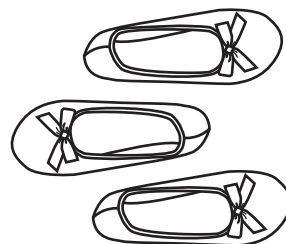
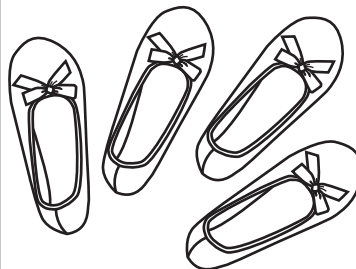
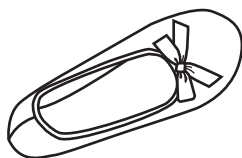
----- Fold Line  
 ——— Accessory Slot

Print on card stock for best results. Color and cut out.  
 Fold on dotted line to stand.  
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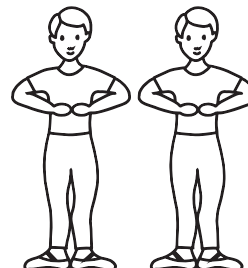
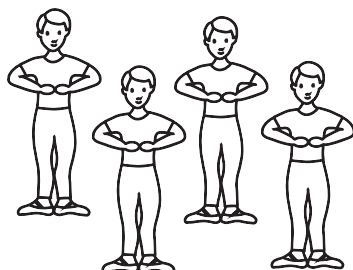
# Counting to 5

Color the number. Then color the group with the same number of things.

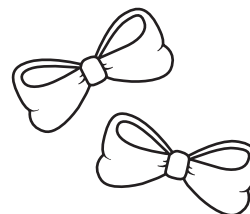
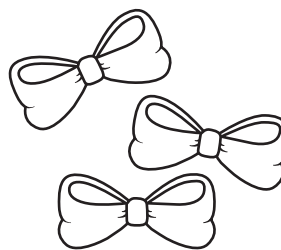
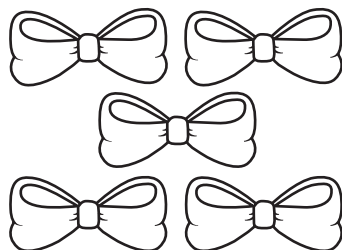
1



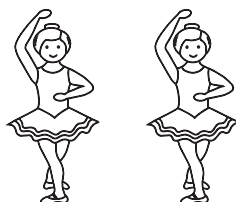
2



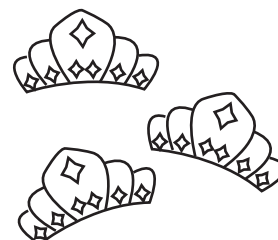
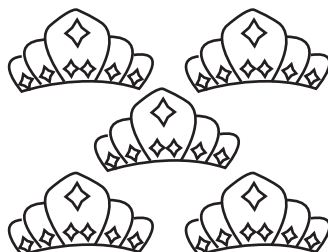
3



4

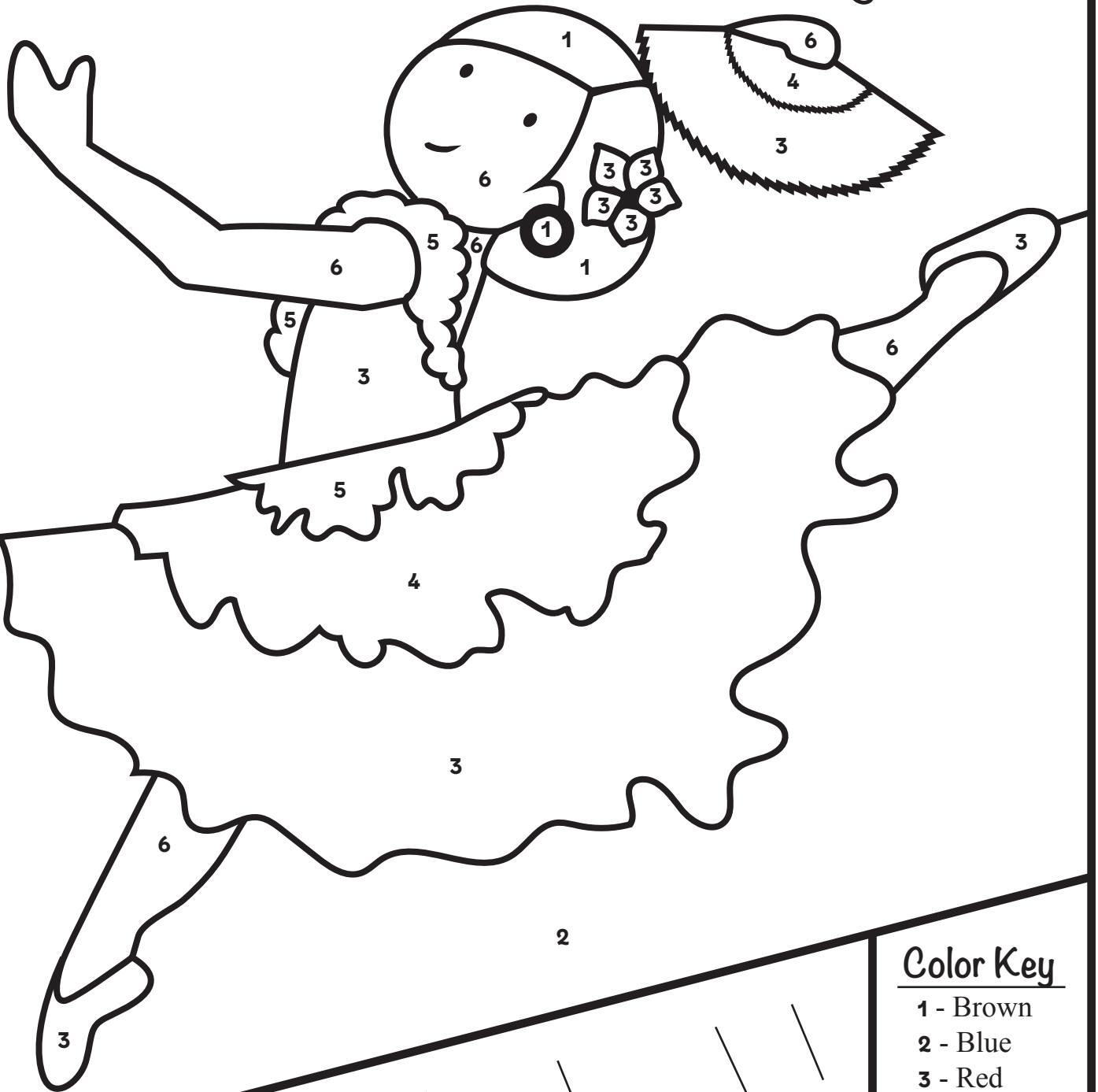


5



# Ballet

## Color by Number



### Color Key

- 1 - Brown
- 2 - Blue
- 3 - Red
- 4 - Orange
- 5 - Yellow
- 6 - Flesh

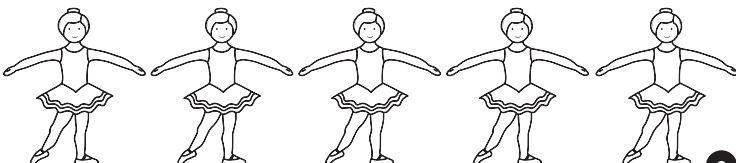
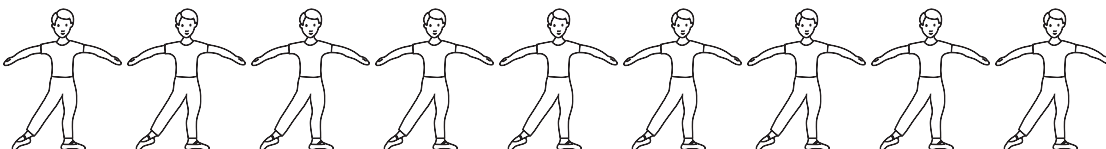
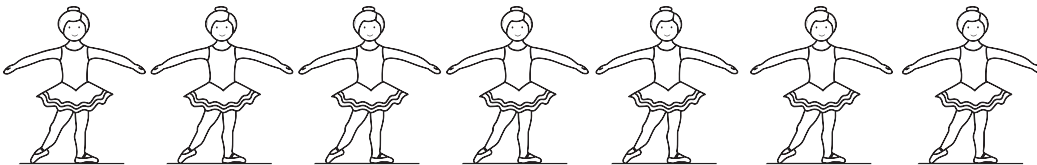
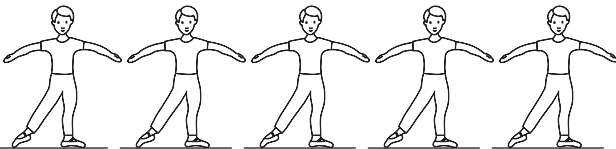
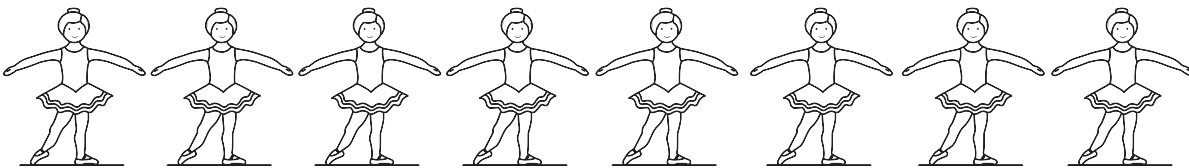
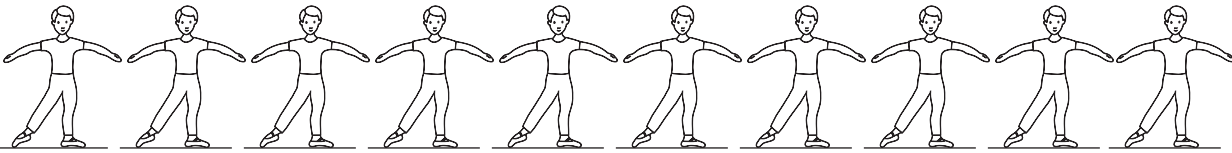
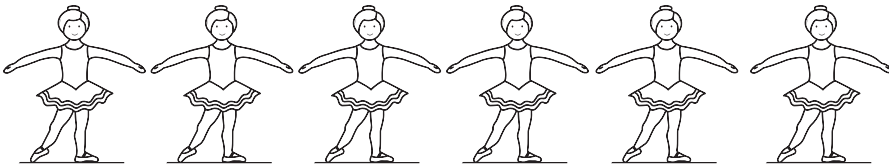


# Count the Dancers doing Tendu

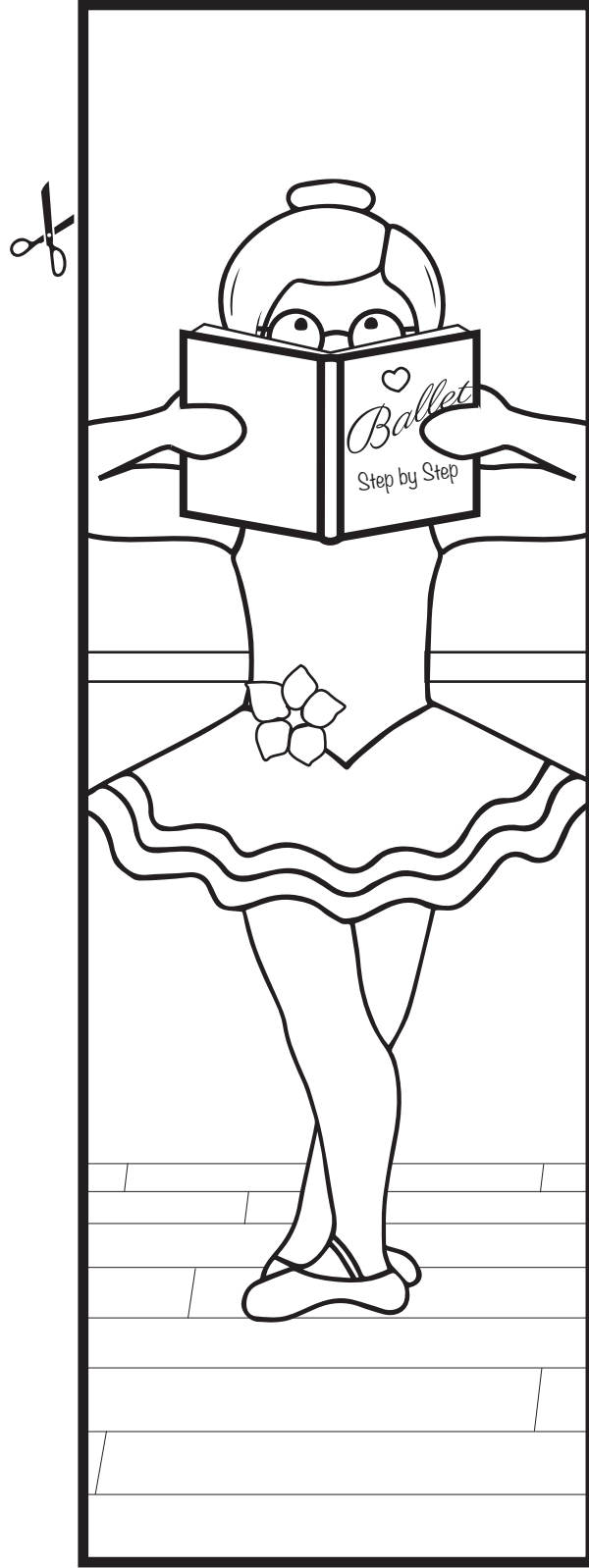
Count the dancers doing **Battement Tendu**.

**Tendu** means stretched.

The foot slides out to a pointed foot and never leaves the ground.



# Ballet bookmark

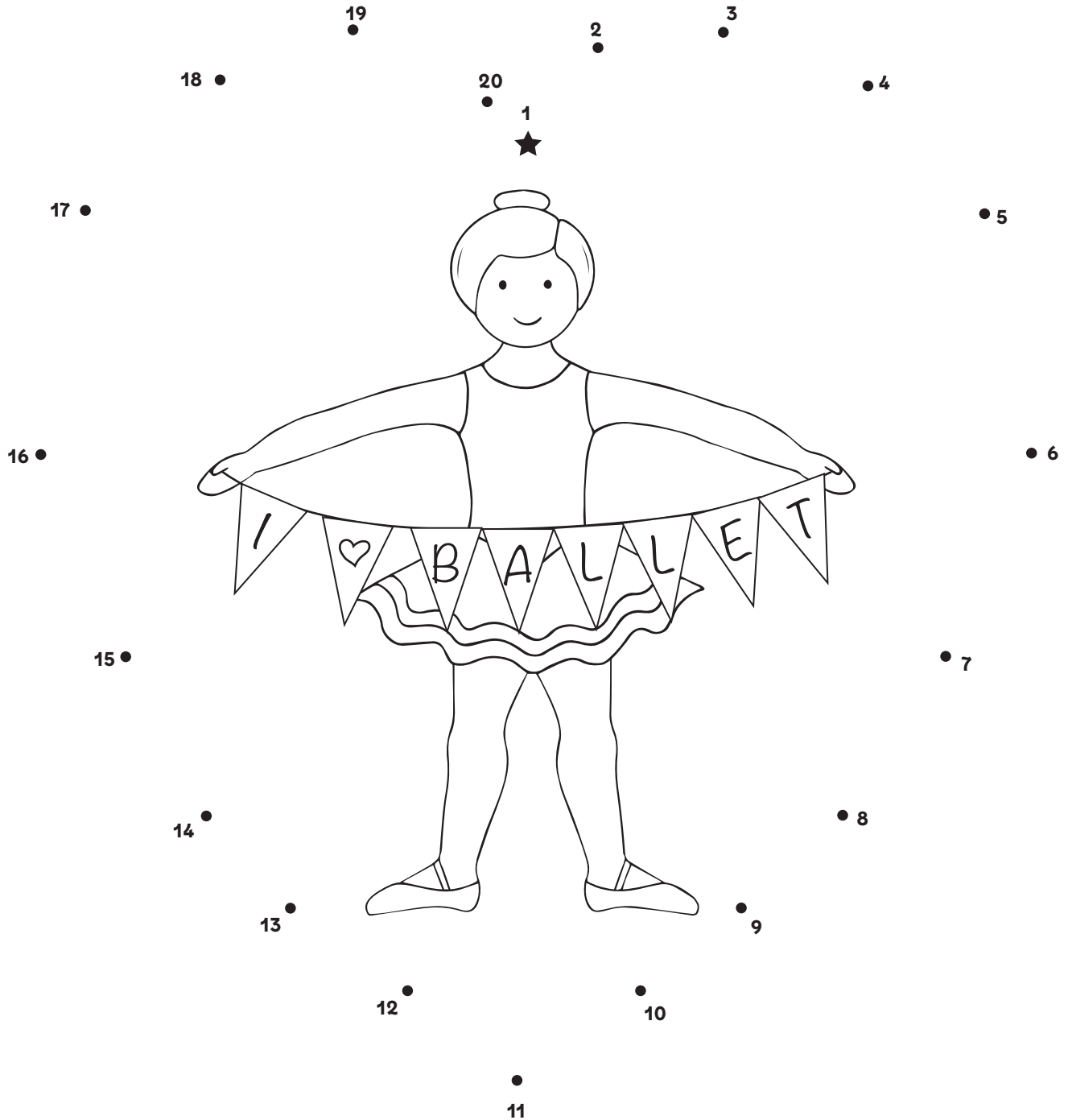


Print on card stock for best results. Color and cut out.



# Ballet

dot-to-dot





# Ballet doorhanger



Print on card stock for best results. Color and cut out.

# Ballet

dot-to-dot

1  
★  
20 ●

● 2

17 ●

18 ●

19 ●

3 ●

4 ●

● 5

16 ●

● 6

15 ●

● 7

14 ●

11

● 8

● 12

10 ●

13 ●

● 9

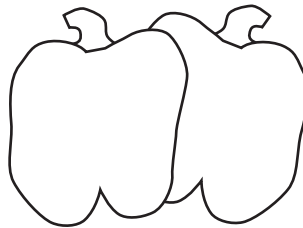
## Grand Plié

# Good Foods for dancers

Circle the foods that give dancers energy.



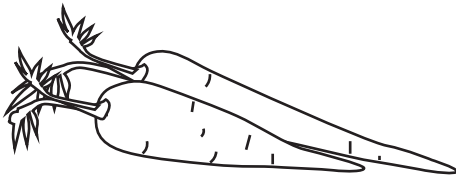
Eggs



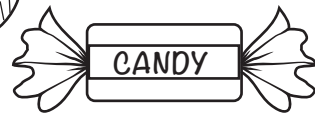
Green Peppers



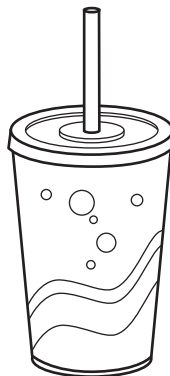
Cherries



Carrots



Candy



Soda Pop



Chocolate Bar



Blueberries



Peas



Strawberries



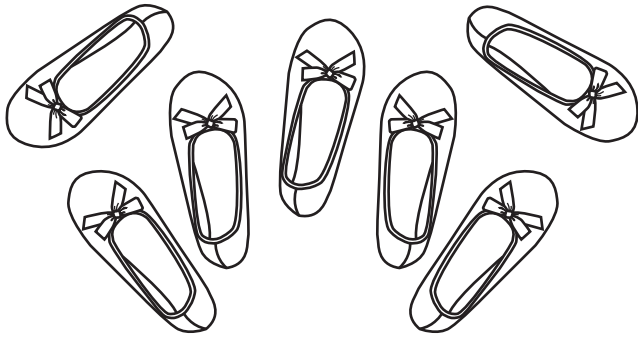
Ice Cream



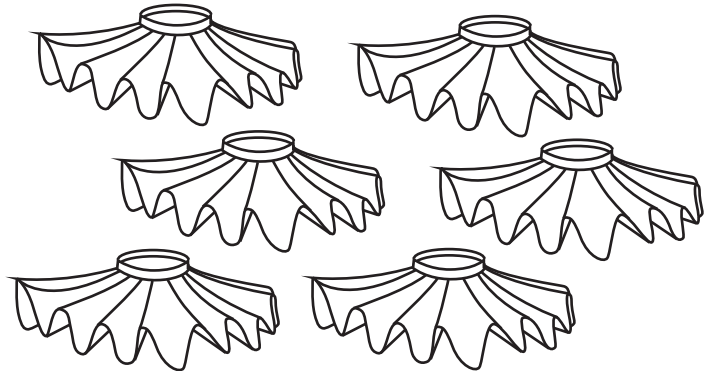
Avocado

# Counting from 5-9

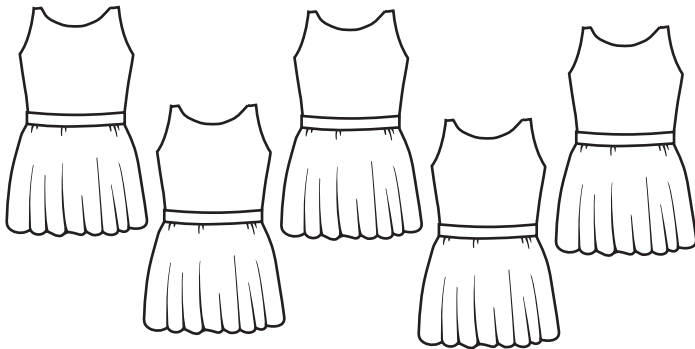
Count and circle the correct number of items in each space.



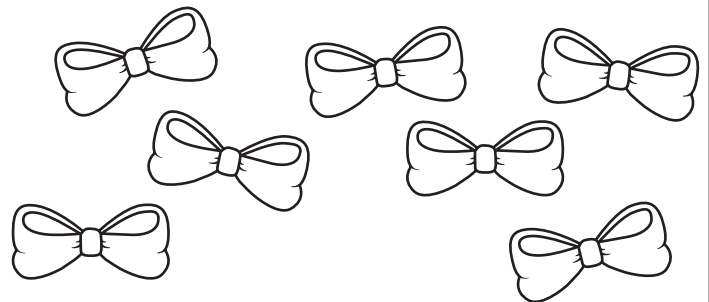
5 6 7 8 9



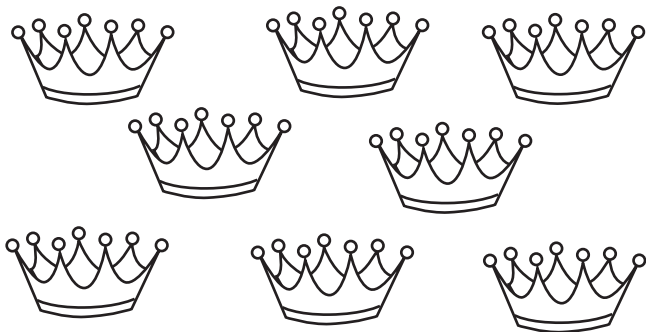
5 6 7 8 9



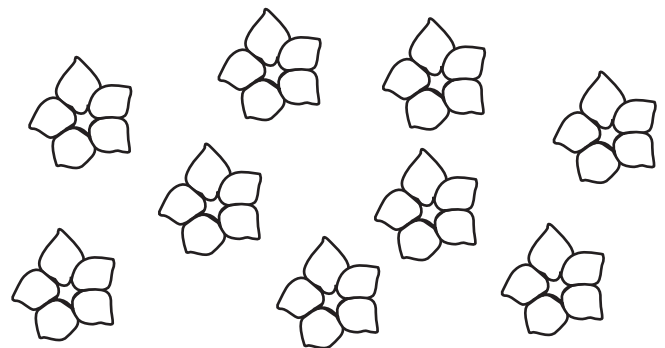
5 6 7 8 9



5 6 7 8 9



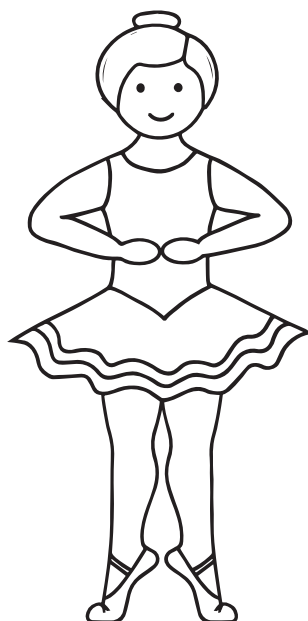
5 6 7 8 9



5 6 7 8 9

# Ballet vocabulary

Draw a line from the term to the matching picture.



Fifth Position

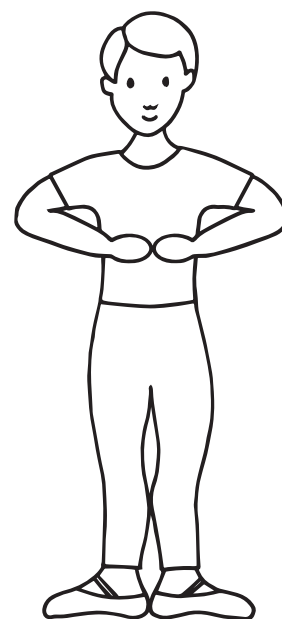
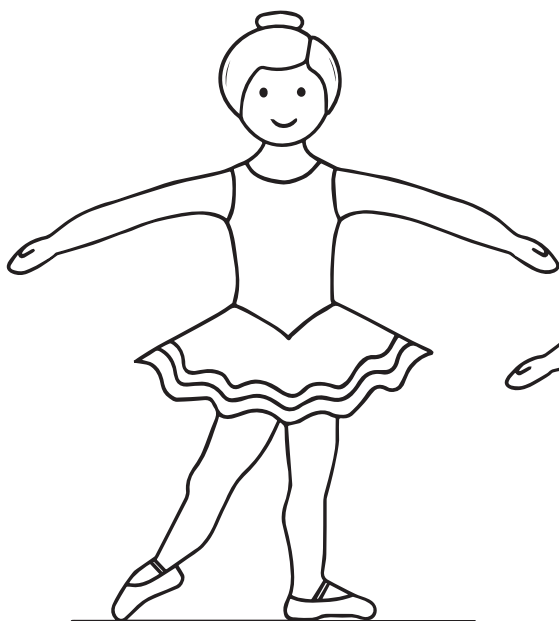
Battement Tendu

First Position

Grand Plié



Relevé



# Counting by 2's

Count and circle the correct number of dancers in *Arabesque*.

4



8



2



10



6



# Ballet

## word search

Find and circle all of the words in the list below.

E	W	R	E	H	H	L	K	G	B	F	D
M	X	H	T	G	H	V	X	U	H	Q	Q
Q	Q	A	E	T	W	D	N	G	K	I	C
C	P	T	L	L	G	S	A	U	T	E	B
V	E	A	L	D	P	L	K	X	O	B	X
I	D	R	A	Y	P	C	H	A	S	S	E
A	X	C	B	E	R	G	T	E	N	D	U
X	P	O	E	M	N	L	J	I	X	A	T
E	P	I	F	N	D	K	E	Q	M	V	Y
D	L	G	N	L	N	N	T	B	L	E	A
P	T	Y	A	F	W	U	E	S	U	I	D
Z	M	H	K	D	N	A	R	G	U	E	T

DEMI

GRAND

PLIE

BALLET

SAUTE

TENDU





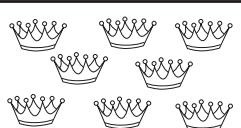
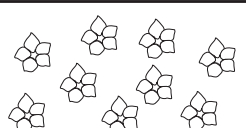
CHASSE

JETE

# Answer Key

## Counting from 5-9

Count and circle the correct number of items in each space.






 5 6 <b>7</b> 8 9	 5 <b>6</b> 7 8 9
 <b>5</b> 6 7 8 9	 5 6 <b>7</b> 8 9
 5 6 7 <b>8</b> 9	 5 6 7 8 <b>9</b>

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## Ballet vocabulary

Draw a line from the term to the matching picture.






Fifth Position	
Battement Tendu	
First Position	
Grand Plié	
Relevé	

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## Counting by 2's

Count and circle the correct number of dancers in Arabesque.

4	 <b>4</b>
8	 <b>8</b>
2	 <b>2</b>
10	 <b>10</b>
6	 <b>6</b>

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## Ballet word search

Find and circle all of the words in the list below.

E	W	R	E	H	L	K	G	B	F	D
M	X	H	T	G	H	V	X	U	H	Q
Q	Q	A	E	T	W	D	N	G	K	I
C	P	T	L	L	G	S	A	U	T	E
V	E	A	L	D	P	L	K	X	O	B
I	D	R	A	Y	P	C	H	A	S	S
A	X	C	B	E	R	G	T	E	N	D
X	P	O	E	M	N	L	J	I	X	A
E	P	I	F	N	D	K	E	Q	M	V
D	L	G	N	L	N	N	T	B	L	E
P	T	Y	A	F	W	U	E	S	U	I
Z	M	H	K	D	N	A	R	G	U	E

DEMI	SAUTE
GRAND	TENDU
PLIE	CHASSE
BALLET	JETE

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