Ballet Activity Sheets – Level 2

Created with 3rd grade through 6th grade in mind.

1. Ballet Dot-to-Dot
2. Ballet Bookmark
3. Learn to Draw Ballet Dancer
4. Counting Dancers
5. Ballet Door Hanger
6. Ballet Dot-to-Dot
7. Counting in French
8. Ballet Vocabulary Definitions
9. Ballet Crossword Puzzle
10. Vocabulary Matching with Dancers
11. French Nouns for Ballet
12. Technique, Pointed Foot & Sickled Foot
13. Ballet Word Search
14. Technique, Complete the Feet
15. Answer Key 7-10
16. Answer Key 11-13

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Print on card stock for best results. Color and cut out.
Learn to draw

Use the grid to help you draw a ballerina.
Counting dancers

In ballet we say...

1 “solo” for 1 dancer

2 “pas de deux” dance for 2

3 “pas de trois” dance for 3

4 “pas de quatre” dance for 4
Pliés

DO NOT DISTURB...

Ballet doorhanger

Print on card stock for best results. Color and cut out.
## Counting in French

Put the correct number from 1-6 by the French word and pronunciation.

<table>
<thead>
<tr>
<th>French Word</th>
<th>Pronunciation</th>
</tr>
</thead>
<tbody>
<tr>
<td>deux</td>
<td>(duh)</td>
</tr>
<tr>
<td>quatre</td>
<td>(KA-truh)</td>
</tr>
<tr>
<td>six</td>
<td>(seess)</td>
</tr>
<tr>
<td>trois</td>
<td>(trwah)</td>
</tr>
<tr>
<td>un</td>
<td>(uh)</td>
</tr>
<tr>
<td>cinq</td>
<td>(senk)</td>
</tr>
</tbody>
</table>

| 1          | 2          | 3          |
| 4          | 5          | 6          |
### Ballet Vocabulary

**Draw a line from the French term to the definition.**

<table>
<thead>
<tr>
<th>French Term</th>
<th>English Definition</th>
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<tbody>
<tr>
<td>tendu</td>
<td>thrown</td>
</tr>
<tr>
<td>grand plié</td>
<td>disengaged</td>
</tr>
<tr>
<td>dégagé</td>
<td>stretched</td>
</tr>
<tr>
<td>jeté</td>
<td>large bending</td>
</tr>
<tr>
<td>demi-plié</td>
<td>small bending</td>
</tr>
<tr>
<td>grand battement</td>
<td>raised</td>
</tr>
<tr>
<td>relevé</td>
<td>large beating</td>
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*Definitions taken from the *Technical Manual and Dictionary of Classical Ballet* by Gail Grant.*
Across
1. Gliding transitional step
3. Bend
7. Rise up to demi-pointe or pointe
8. Stretched
10. A jump from 1 foot to 2 feet

Down
2. Disengaged
3. Whirl or spin
4. Large
5. A jump from 1 foot to the other foot
6. Small
9. Jumped
Ballet vocabulary

Write the term below the picture.

1. _______
2. _______
3. _______
4. _______
5. _______
6. _______

Arabesque
Grand Jeté
Bourrée
Passé Releve
Croisé Devant
a la Seconde
French Nouns for ballet

Draw a line from the French word to the picture.

Cloche
(klawsh)

Poisson
(pwa-SAWN)

Chat
(shah)

Cheval
(shah-VAL)

Terre
(tehr)

Horse
Earth
Cat
Bell
Fish
Technique
correctly pointed feet & sickled feet

Identify the correct technique.

GOOD
Use a ruler and draw a line from A to B.
In this line the thigh, ankle, and toe are all in line. This is a correctly pointed foot.

VERY GOOD
Use a ruler and draw a line from C to D.
See how the ankle is slightly above or in front of the line? Ankle lifted. This is even better.

NOT GOOD
Use a ruler and draw a line from E to F.
See how the ankle is sagging below the line? This is a sickled foot. This is incorrect. A sickled foot is unattractive.
Ballet
word search

Find and circle all of the words in the list below.

Z L B C H A S S E Y J E T E J
J Z L P K D O W X X K W V J E
Z P G K N H O W P O E R S A Z
Y Q L O M Q A E E K T H Z R J
W K R C H U E I K X T G O A X
H T L K D H L L P N E L Z B Z
W B L N N J B P H E U I W E I
B U E S R F M N K K O S E S S X
R T Y U W I E P N X R S E I Q X
S T Z S S T S Q M R I A D U B
M A R T X N S U N G P D W E I
W M Z P Y S A U T J P E X J W
J K E W R Q N V E X C E T V X
E R A N K X Z T S T N J W C K
J V W C G G I I Y Q R H M O C

PLIE  ASSEMBLE
TENDU  CHASSE
SAUT  ARABESQUE
JETE  PIROUETTE
GLISSADE
Technique

complete the feet

Draw the dancers feet using correct technique.

1st Position 2nd Position 3rd Position

4th Position 5th Position
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**Ballet crossword**

Write the term below the picture.

1. Gliding transitional step
2. Disengaged
3. Bend
4. Large
5. A jump from 1 foot to the other foot
6. Raised
7. Rise up to demi-pointe or pointe
8. Stretched
9. Jumped
10. A jump from 1 foot to 2 feet

Across
1. Gliding transitional step
2. Bend
3. Rise up to demi-pointe or pointe
4. Stretched
5. A jump from 1 foot to 2 foot

Down
2. Disengaged
3. Bend
4. Large
5. A jump from 1 foot to the other foot
6. Raised
7. Jumped

**Ballet vocabulary**

Arabesque
Grand Jeté
Bourrée
Passé Relevé
Croisé Devant
a la Seconde
French Nouns for ballet

Draw a line from the French word to the picture.

- Cloche (klawsh)
- Poisson (pwa-SAWN)
- Chat (shah)
- Cheval (shah-VAL)
- Terre (tehr)

- Horse
- Earth
- Fish
- Bell
- Cat

Technique correctly pointed feet & sickled feet

Identify the correct technique.

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See how the ankle is sagging below the line? This is a sickled foot. This is incorrect. A sickled foot is unattractive.

Ballet word search

Find and circle all of the words in the list below.

- Chassé
- Jeté
- Bourrée
- Chassé
- Plié
- Assemblé
- Tendu
- Chasse
- Sauté
- Arabesque
- Jete
- Plié
- Assemble
- Tendu
- Chasse
- Sauté
- Arabesque
- Jete
- Plié

Technique complete the feet

Draw the dancer's feet using correct technique.

1st Position

2nd Position

3rd Position

4th Position

5th Position

Complete the feet using correct technique.