



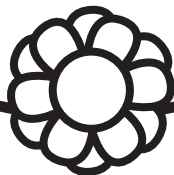
Ballet Activity Sheets - Level 2

Created with 3rd grade through 6th grade in mind.

1. Ballet Dot-to-Dot
2. Ballet Bookmark
3. Learn to Draw Ballet Dancer
4. Counting Dancers
5. Ballet Door Hanger
6. Ballet Dot-to-Dot
7. Counting in French
8. Ballet Vocabulary Definitions
9. Ballet Crossword Puzzle
10. Vocabulary Matching with Dancers
11. French Nouns for Ballet
12. Technique, Pointed Foot & Sickled Foot
13. Ballet Word Search
14. Technique, Complete the Feet
15. Answer Key 7-10
16. Answer Key 11-13

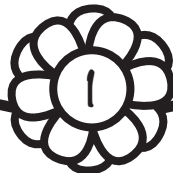
Dance Teacher ^{press}

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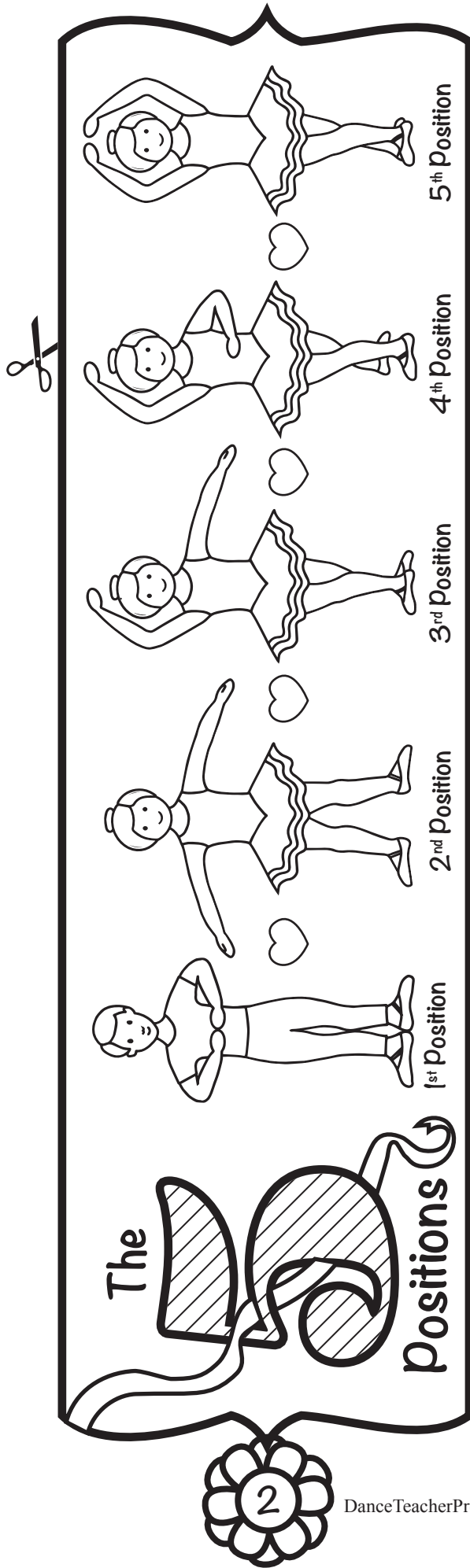




Ballet dot-to-dot



Ballet bookmark

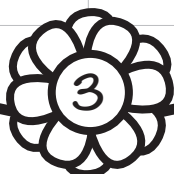
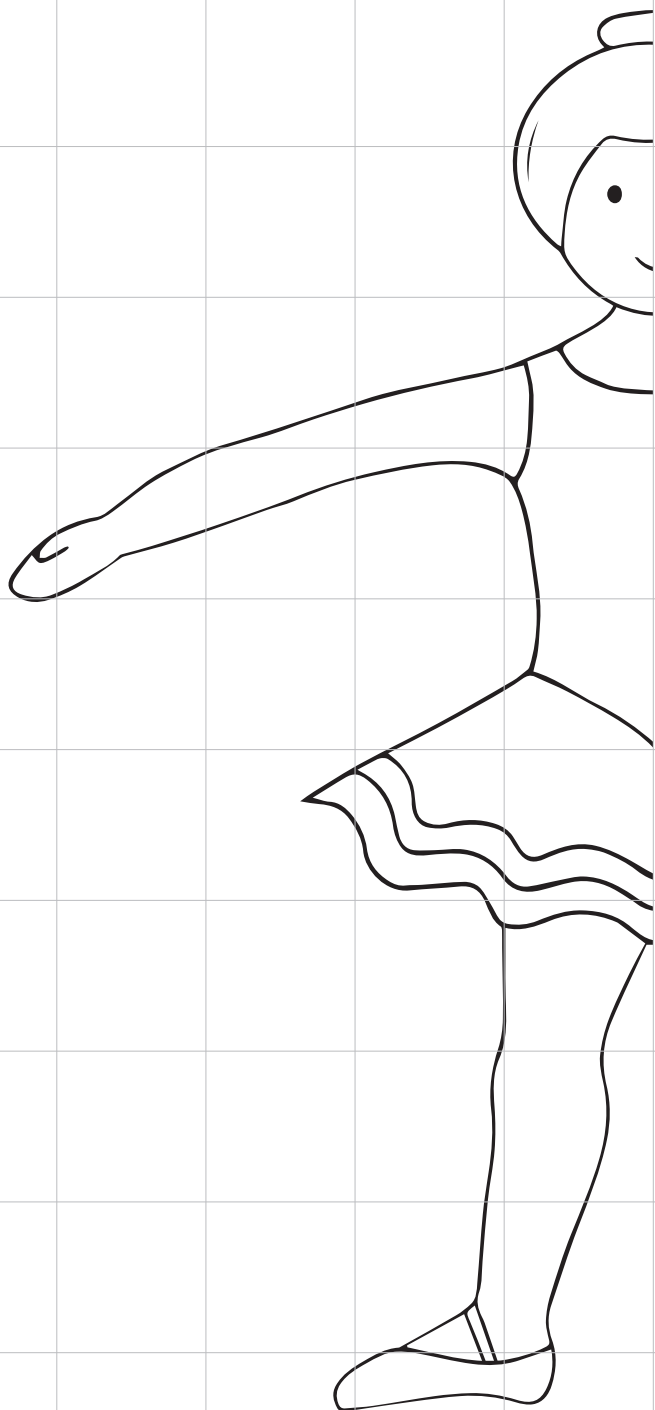


Print on card stock for best results. Color and cut out.



Learn to draw

*Use the grid to help
you draw a ballerina.*





Counting dancers

In ballet we say...

1

“solo”
for 1 dancer



2

“pas de deux”
dance for 2



3

“pas de trois”
dance for 3



4

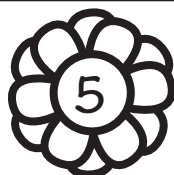
“pas de quatre”
dance for 4



Ballet doorhanger



Print on card stock for best results. Color and cut out.





Ballet dot-to-dot





Counting in French

Put the correct number from 1-6 by the French word and pronunciation.

deux

(duh)

quatre

(KA-truh)

six

(seess)

trois

(trwah)

un

(uh)

cing

(senk)





Ballet vocabulary

Draw a line from the French term to the definition.

French Term

English Definition

tendu

thrown

grand pli  

disengaged

d  gag  

stretched

jet  

large bending

demi-p  li  

small bending

grand battement

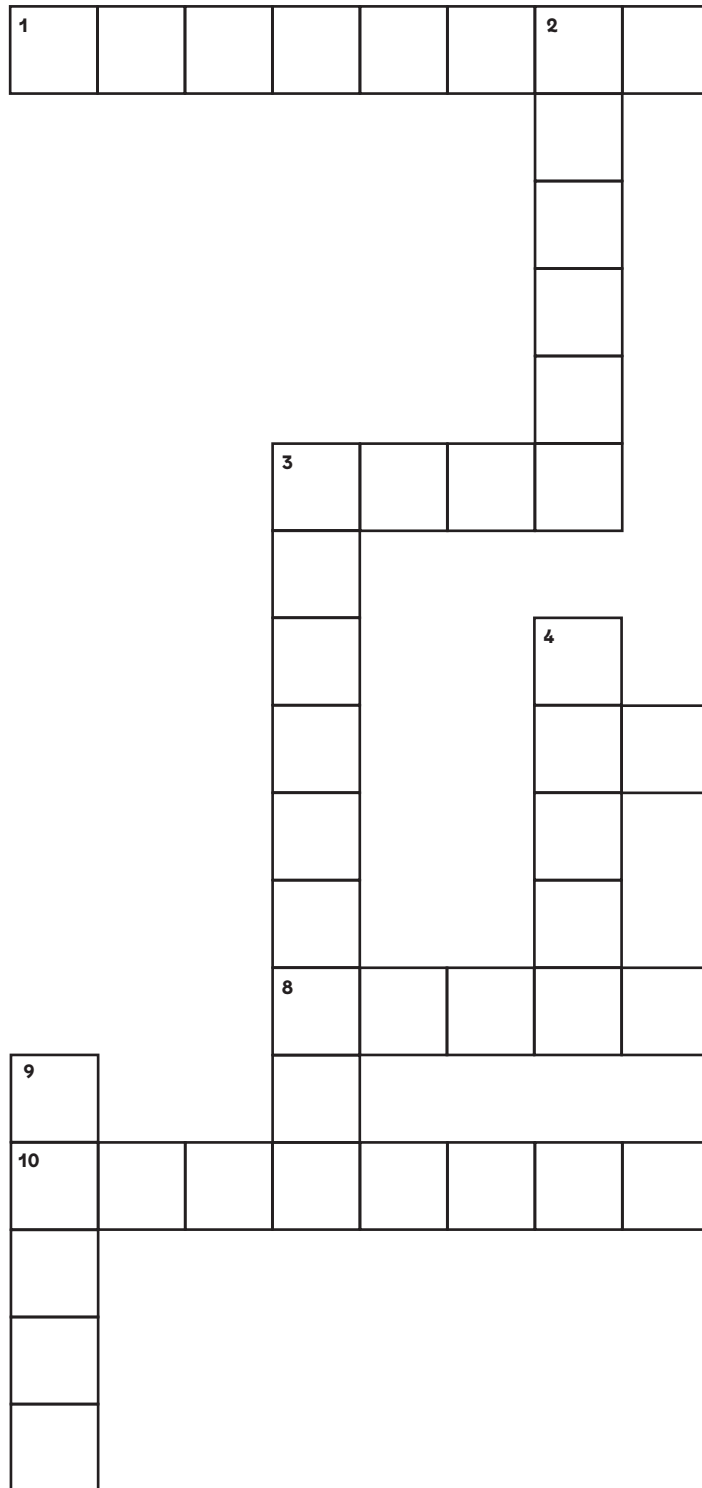
raised

relev  

large beating

* definitions taken from the *Technical Manual and Dictionary of Classical Ballet* by Gail Grant.





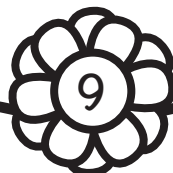
Ballet crossword

Across

1. Gliding transitional step
3. Bend
7. Rise up to demi-pointe or pointe
8. Stretched
10. A jump from 1 foot to 2 feet

Down

2. Disengaged
3. Whirl or spin
4. Large
5. A jump from 1 foot to the other foot
6. Small
9. Jumped



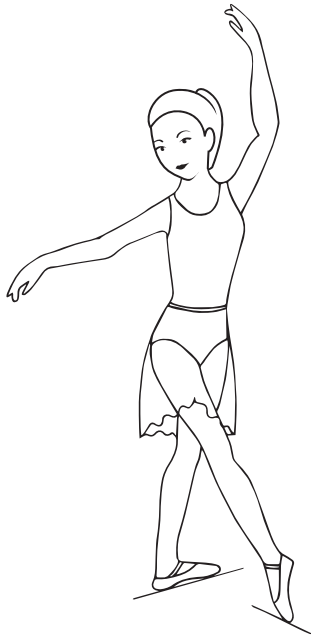


Ballet vocabulary

Write the term below the picture.

Arabesque
Grand Jeté
Bourrée

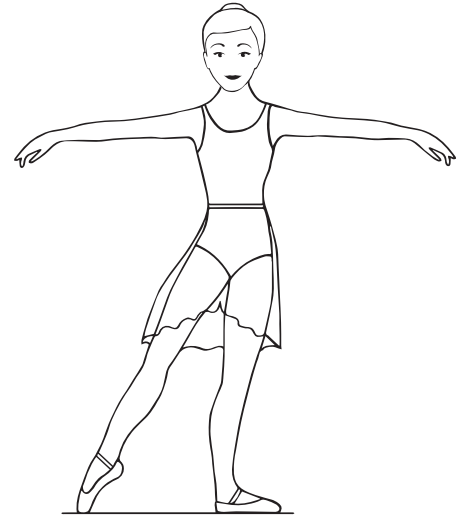
Passé Releve
Croisé Devant
a la Seconde



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____

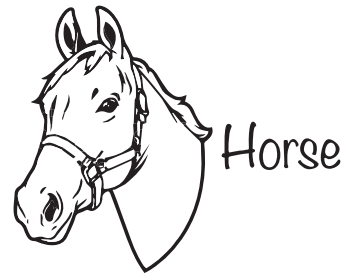




French Nouns for ballet

Draw a line from the French word to the picture.

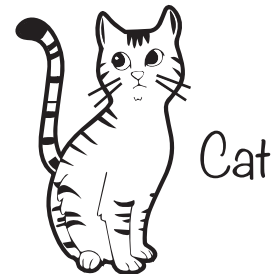
Cloche
(klawsh)



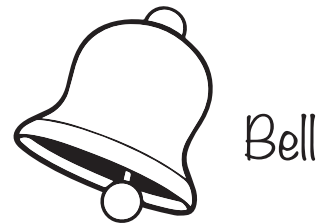
Poisson
(pwa-SAWN)



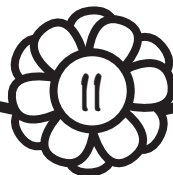
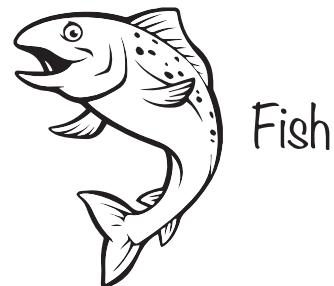
Chat
(shah)



Cheval
(shah-VAL)



Terre
(tehr)





Technique

correctly pointed feet & sickled feet

Identify the correct technique.



GOOD

Use a ruler and draw a line from A to B.

In this line the thigh, ankle, and toe are all in line. This is a correctly pointed foot.



VERY GOOD

Use a ruler and draw a line from C to D.

See how the ankle is slightly above or in front of the line? Ankle lifted.

This is even better.



NOT GOOD

Use a ruler and draw a line from E to F.

See how the ankle is sagging below the line? This is a sickled foot. This is incorrect. A sickled foot is unattractive.





Ballet word search

Find and circle all of the words in the list below.

Z	L	B	C	H	A	S	S	E	Y	J	E	T	E	J
J	Z	L	P	K	D	O	W	X	X	K	W	V	J	E
Z	P	G	K	N	H	O	W	P	O	E	R	S	A	Z
Y	Q	L	O	M	Q	A	E	E	K	T	H	Z	R	J
W	K	R	C	H	U	E	I	K	X	T	G	O	A	X
H	T	L	K	D	H	L	L	P	N	E	L	Z	B	Z
W	B	L	N	N	J	B	P	H	E	U	I	W	E	I
B	U	E	S	R	F	M	N	K	K	O	S	E	S	X
R	T	Y	U	W	I	E	P	N	X	R	S	I	Q	X
S	T	Z	S	S	T	S	Q	M	R	I	A	D	U	B
M	A	R	T	X	N	S	U	N	G	P	D	W	E	I
W	M	Z	P	Y	S	A	U	T	J	P	E	X	J	W
J	K	E	W	R	Q	N	V	E	X	C	E	T	V	X
E	R	A	N	K	X	Z	T	S	T	N	J	W	C	K
J	V	W	C	G	G	I	I	Y	Q	R	H	M	O	C

PLIE

ASSEMBLE

TENDU

CHASSE

SAUT

ARABESQUE

JETE

PIROUETTE

GLISSADE

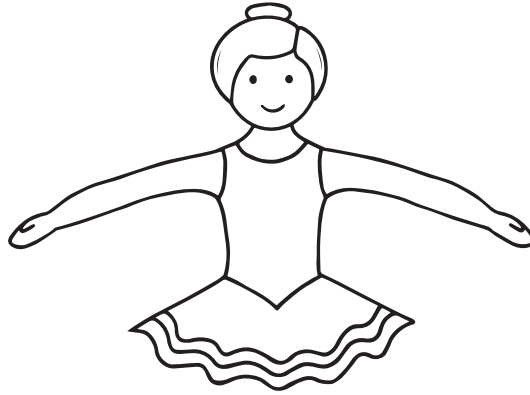
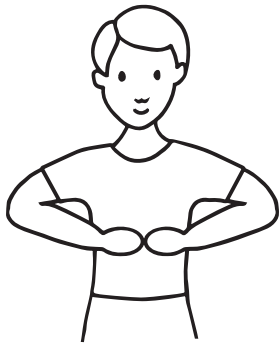




Technique

complete the feet

Draw the dancers feet using correct technique.



1st Position

2nd Position

3rd Position



4th Position

5th Position



Answer Key 7-10

Counting in French

Put the correct number from 1-6 by the French word and pronunciation.

deux (duh)	quatre (KA-truh)	six (seess)
<u>2</u>	<u>4</u>	<u>6</u>
trois (trwah)	un (uh)	cinq (senk)
<u>3</u>	<u>1</u>	<u>5</u>

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Ballet vocabulary

Draw a line from the French term to the definition.

French Term	English Definition
tendu	thrown
grand plié	disengaged
dégagé	stretched
jeté	large bending
demi-plié	small bending
grand battement	raised
relevé	large beating

* definitions taken from the Technical Manual and Dictionary of Classical Ballet by Gail Grant.

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Ballet crossword

'GLISSADE

E
G
A
G

'PLIÉ

I
R
O
U
E

'G
R
E
L
E
V
E

'J
E
T
É

'D
E
M
I

'TENDU

S
A
S
S
E
M
B
L
E

U
T
E

Across

1. Gliding transitional step

3. Bend

7. Rise up to demi-pointe or pointe

8. Stretched

10. A jump from 1 foot to 2 feet

Down

2. Disengaged

3. Whirl or spin

4. Large

5. A jump from 1 foot to the other foot

6. Small

9. Jumped


9

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Ballet vocabulary

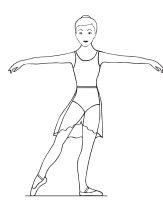
Write the term below the picture.




1. Croisé Devant




2. Arabesque




3. a la Seconde



4. Bourrée



5. Grand Jeté



6. Passé Releve

10

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Answer Key 11-13

French Nouns for ballet

Draw a line from the French word to the picture.

Cloche
(klawsh)

Poisson
(pwa-SAWN)

Chat
(shah)

Cheval
(shah-VAL)

Terre
(tehr)

Horse

Earth

Cat

Bell

Fish

11

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Technique

correctly pointed feet & sickled feet

Identify the correct technique.

A

GOOD

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C

VERY GOOD

Use a ruler and draw a line from C to D. See how the ankle is slightly above or in front of the line? Ankle lifted. This is even better.

E

NOT GOOD

Use a ruler and draw a line from E to F. See how the ankle is sagging below the line? This is a sickled foot. This is incorrect. A sickled foot is unattractive.

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Ballet word search

Find and circle all of the words in the list below.

Z L B C H A S S E Y J E T E J
 J Z L P K D O W X X K W S J E
 Z P G K N H O W P O E R S A Z
 Y Q L O M Q A E I K X T H A R J
 W K R C H D E L L P N E U I S E I X
 H T L K D H L L P N E U I S E I X
 W B L N J B H E U I S E I X
 B U E S R F M N K K O S I E I X
 R T Y U W I E P N M R I D A W I
 S T Z S S T S Q M R I D A W I
 M A R T X N S U N G D E X J W
 W M Z P Y S A U T J P E X J W
 J K E W R Q W V E X C E T V X
 E R A N K X Z T S T N J W C K
 J V W C G G I Y Q R H M O C

PLIE ASSEMBLE

TENDU CHASSE

SAUT ARABESQUE

JETE PIROUETTE

GLISSADE

13

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Technique

complete the feet

Draw the dancers feet using correct technique.

1st Position

2nd Position

3rd Position

4th Position

5th Position

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